

Indiana University  
Cognitive & Information Sciences

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## Q496 Internship in Professional Practice Journal Assignment

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The journal assignment allows you to monitor and analyze progress toward learning objectives established in the learning contract. This assignment also offers you an opportunity to reflect on your internship experience from a number of perspectives, including personal, professional, and academic.

### Requirements:

1. Journal entries must be submitted on a monthly basis throughout the duration of your internship assignment. For shorter internship assignments, a minimum of one journal entry must be submitted at the midpoint of the internship. They can be sent via e-mail, fax, or U.S. Mail to the Internship Coordinator. (e-mail: [mstephan@indiana.edu](mailto:mstephan@indiana.edu); fax: (812)855-1086; Address: Cognitive Science Program, Indiana University, Psychology Building, Bloomington, IN 47401.)
2. There is no standard format to follow in completing the journal assignment. However, **each journal entry should address your progress toward learning objectives, including work accomplished, enhanced or newly developed skills, and any feedback or evaluation you have received thus far. Your journal entries should also include reflective comments about the fit between your internship responsibilities and your personal, professional, and academic goals.** The following may give you additional ideas for journal entries:
  - Describe the goals and objectives for the organization and the department in which you work and indicate where you fit into the system. How are your learning objectives supported by this system?
  - What are the job performance expectations in the organization? How do they compare with the academic expectations you have experienced as a student?
  - Describe a recent incident or situation from your internship experience that had a strong impact on you, in terms of your personal interests, learning objectives, or professional aspirations.
  - In what ways has your academic coursework/experience prepared you well for your internship responsibilities? Are there areas of your internship for which you feel unprepared? If so, explain.
  - Have you experienced any barriers to meeting your learning objectives? If so, describe the barriers. How do you plan to overcome these barriers?
  - Have any of your assumptions about the working world changed as a result of your internship experience thus far? If so, how?
3. Remember that there are no right or wrong answers. Your journal entries will be evaluated on the basis of your ability to **thoughtfully reflect** on your learning experience. Journal entries will also assist the Cognitive Science Program in monitoring student progress and providing necessary feedback or assistance to the student.